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## SEE IT THROUGH Youth Program™

### **\*\*Program Focus (R.E.E.P.)\*\***

- Respect for Self & Others
- Education as an Opportunity & Means to Personal & Professional Success
- Encouragement to Be of Service
- Perseverance to Succeed

This 12-week program helps youth develop tools for personal and educational success. Classes consist of lecture and group discussions, with homework assigned each week. Students are challenged to cultivate positive mindsets as they work together to achieve leadership goals. Classes can be scheduled for 60 or 90 minutes per session.

### Curriculum

<b>Week 1</b>	<ul style="list-style-type: none"> <li>➤ Introductions</li> <li>➤ Program orientation</li> <li>➤ Presenting yourself professionally</li> <li>➤ Homework assignment: Read and memorize the first verse of <i>See it Through</i></li> </ul>
<b>Week 2</b>	<ul style="list-style-type: none"> <li>➤ Review homework assignment</li> <li>➤ Group discussion: Reflections, Choices, &amp; Accountability</li> <li>➤ Homework assignment: Read &amp; memorize the second verse of <i>See It Through</i></li> </ul>
<b>Week 3</b>	<ul style="list-style-type: none"> <li>➤ Review homework assignment:</li> <li>➤ Group discussion: Fixed vs Growth mindset</li> <li>➤ Homework assignment: Read &amp; memorize the third verse of <i>See It Through</i></li> </ul>
<b>Week 4</b>	<ul style="list-style-type: none"> <li>➤ Review homework assignment:</li> <li>➤ Group Discussion: Four week evaluation</li> <li>➤ Homework: Create a list of (5) things you like to do</li> </ul>
<b>Week 5</b>	<ul style="list-style-type: none"> <li>➤ Group discussion: Dreams, Vision, and Purpose</li> <li>➤ Effective Communication: Water vs. Gasoline</li> <li>➤ Homework: Create a list of (2) business choices</li> </ul>
<b>Week 6</b>	<ul style="list-style-type: none"> <li>➤ Review homework assignment</li> <li>➤ Group Discussion: (Who are you?) The cost of story telling</li> <li>➤ Being an entrepreneur</li> <li>➤ Homework: Google your business choice</li> </ul>
<b>Week 7</b>	<ul style="list-style-type: none"> <li>➤ Review homework assignment</li> <li>➤ Group Discussion: How money works ( Rule of 72) (Who are you?)</li> <li>➤ The compound effect</li> <li>➤ Business selection</li> </ul>
<b>Week 8</b>	<ul style="list-style-type: none"> <li>➤ Review homework assignment:</li> <li>➤ Class evaluation</li> <li>➤ Group discussion: The value in serving others (Who are you?)</li> <li>➤ Present business idea</li> </ul>
<b>Week 9</b>	<ul style="list-style-type: none"> <li>➤ Group discussion: Business blueprint</li> <li>➤ Challenges vs. Opportunity</li> </ul>



<b>Week 10</b>	<ul style="list-style-type: none"><li>➤ Group discussion: Business overview</li><li>➤ Design business blueprint</li><li>➤ Community service project</li></ul>
<b>Week 11</b>	<ul style="list-style-type: none"><li>➤ Business presentations</li></ul>
<b>Week 12</b>	<ul style="list-style-type: none"><li>➤ Class evaluation</li><li>➤ Acknowledgements</li><li>➤ Graduation</li></ul>

## ***See It Through*** **By Edgar A. Guest**

When you're up against a trouble,  
Meet it squarely, face to face;  
Lift your chin and set your shoulders,  
Plant your feet and take a brace.  
When it's vain to try to dodge it,  
Do the best that you can do;  
You may fail, but you may conquer,  
See it through!

Black may be the clouds about you  
And your future may seem grim,  
But don't let your nerve desert you;  
Keep yourself in fighting trim.  
If the worst is bound to happen,  
Spite of all that you can do,  
Running from it will not save you,  
See it through!

Even hope may seem but futile,  
When with troubles you're beset,  
But remember you are facing  
Just what other people have met.  
You may fail, but fall still fighting;  
Don't give up, what ever you do;  
Eyes front, head high to the finish.  
See it through!